

13 food trends that will matter in 2019



Cookie dough and cookie butter appeal to the inner child

During tough times, sometimes the only viable answer is cookie dough. Americans as a people have an especially soft spot for childhood treats, according to the **Culinary Visions Panel's 2018 Global Indulgence Report**, which looks at consumers around the world and why they make the decision to splurge with their diets. The report found that 58 percent of American consumers agree with the statement "I prefer ordering desserts I enjoyed as a child," compared to 45 percent of British consumers and 38 percent of German consumers. But the indulgence of a sweet dessert has to be worth the splurge (78 percent of Americans agree, according to the report), and one of Americans' all-time "favorite things," is comfort food. Keep an eye out for cookie butter as well.