



# Ways Seniors Want Healthier Food Choices

What is important to seniors and what is currently available

1



## Food with No Artificial Ingredients

87% of seniors said this was important to them

65% of seniors said this was available to them

2



## Less Processed Foods

82% of seniors said this was important to them

69% of seniors said this was available to them

3



## Local Produce

72% of seniors said this was important to them

65% of seniors said this was available to them

4



## Whole Grains

76% of seniors said this was important to them

73% of seniors said this was available to them

5



## Healthier Fats

80% of seniors said this was important to them

65% of seniors said this was available to them